



Peninsula Gymnastics Santa Clara COVID 19 Virus Action Plan for Resuming Operations

Health & Safety of our gymnasts and community is our
#1 Priority!

Peninsula Gymnastics Santa Clara would like to open in the following phases, with continued monitoring and updating from Santa Clara Health Department Orders:

Employee Guidelines

- Staff will follow illness policy, which includes temperature checks and 24 hour wellness standards. Any symptoms go home.
- Staff will wash/sanitize hands when entering Peninsula Gymnastics Facility, prior to the start of each class, during class, and at the conclusion of each class.
- Staff will keep 6 foot social distancing with children (spotting is limited to necessity to avoid catastrophic injury).
- Staff will be diligently trained on procedures and prepared to enforce all social distancing protocols.
- All staff members will wear a mask at all times.
- Peninsula Gymnastics employees will follow Santa Clara County Health Department Guidelines

Facility Guidelines

- Peninsula Gymnastics Staff are required to sanitize all contact surfaces and reduce touch points. Sanitization will be based on the CDC guidelines of disinfecting.
- Peninsula Gymnastics staff a team on site to disinfect/sanitize equipment and commonly touched surfaces before, during, and after each class (disinfectant wipes and/or spray). Employees will be disinfecting/sanitizing all areas of their department immediately following the end of class to prepare for the next group. Peninsula Gymnastics will have mandated time between groups for cleaning and sanitizing.
- Peninsula Gymnastics will use products effective against Covid-19 throughout the building prior to opening and throughout each day.
- All other common surface areas will be disinfected/sanitized between class and training times daily. Including the bathrooms and water bottle filler stations.
- Hand Sanitizer dispensers or handwashing stations are located in front of the building as well as inside, and are easily accessible and monitored for refill.
- Drinking fountains will be covered.
- Bathroom access will be limited and monitored by a staff member, allowing groups to only use their designated bathroom for their entire training/class time.

- Peninsula Gymnastics has sectioned the gym area and other areas to observe the 6ft. social distancing protocols at all times which includes markings on the floor for Social Distancing.
- Signage will be posted outside and inside the building.
- Lesson plans will be modified to omit partner activities and minimize use of props.

Entering & Exiting Guidelines

- Drop Off and Pick Up will use the social distancing lines to enter and leave. Entering & Exiting the facility will be by separate doors.
- Competitive athletes will use a drop off and pick up system from a separate door, bringing only necessary training items and a water bottle.
- All precautions will be taken to keep the children in a safe environment while waiting for their guardians.
- Students will be required to sanitize or wash hands upon entering/leaving the gym and will require a mask upon entering and exiting.
- Traffic Flow and Social Distancing will be carefully watched and maintained at all times (while in lines outside and inside the gyms).

Customer Guidelines

- Peninsula Gymnastics will not allow any adults besides Staff.
- Gymnasts will be asked to follow illness policy, which includes 24 hour wellness standards.
- All precautions will be taken to keep children in a safe environment while waiting for their guardians to pick-up.
- Peninsula Gymnastics staff will supervise students and to properly sanitize/wash hands before, during, and after class.
- All athletes will keep a water bottle with them and will carry it with them throughout the entire time of training.

References:

Santa Clara County Health Department Orders:

<https://www.sccgov.org/sites/covid19/Pages/public-health-orders.aspx>

CDC:

<https://www.cdc.gov/coronavirus/2019-ncov/community/reopen-guidance.html>

OSHA:

www.osha.gov/SLTC/covid-19/

USA Gymnastics:

<https://usagym.org/PDFs/About%20USA%20Gymnastics/covid/safereopening.pdf>