

2023 NorCal Xcel Bronze & HUGS State Gymnastics Championships

(OLDEST to YOUNGEST)

Saturday, March 18			
SESSION 1	SESSION 2	SESSION 3	SESSION 4
Open Stretch 8:00 am	Open Stretch 11:00 am	Open Stretch 2:00 pm	Open Stretch 5:00 pm
March In 8:20 am	March In 11:20 am	March In 2:20 pm	March In 5:20 pm
Age Groups Senior F-I	Age Groups Senior B-E	Age Groups Senior A & Junior G-I	Age Groups Junior C-F
older 11 yrs & older	older 10 to younger 11 yrs	older 9 to younger 10 yrs	middle 9 yrs
Birthdate Range 6-1-08 to 12-21-11	Birthdate Range 12-22-11 to 1-18-13	Birthdate Range 1-19-13 to 8-16-13	Birthdate Range 8-17-13 to 3-14-14

Sunday, March 19		
SESSION 5 (also HUGS)	SESSION 6	SESSION 7
Open Stretch 9:00 am	Open Stretch 12:00 pm	Open Stretch 3:00 pm
March In 9:20 am	March In 12:20 pm	March In 3:20 pm
Age Groups Junior A-B & Child I-J	Age Groups Child E-H	Age Groups Child A-D
older 8 to younger 9 yrs	older 7 to younger 8 yrs	5 yrs to younger 7 yrs
Birthdate Range 3-15-14 to 10-2-14	Birthdate Range 10-3-14 to 6-12-15	Birthdate Range 6-13-15 to 10-31-17

Admission Prices			Meet Location	Hotels & Info
Doors open 7:30 Sat & 8:30 Sun	Single Session	Per Day	Red Morton Comm Ctr 1120 Roosevelt Ave. Redwood City, CA 94061	See website www.PeninsulaGym.com
Adults (16+)	\$15	\$25		
Kids (6-15) & Seniors (65+)	\$10	\$15		
Kids 5 & under	Free	Free		

Current as of 3/13/2023